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# MFRC Daycare

March 2021

Spring is just around the corner and we can hardly wait for the blue skies, flowers, and warmer weather that will come with it. We will definitely be spending more time exploring outdoors.

Please make sure you are sending your child with appropriate outdoor wear. In the daycare we try to go outside at least once everyday! It is very difficult to take your children outdoors if you are not sending the appropriate outdoor gear to keep them warm and dry.

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## Special Dates:

March 5: Jersey Day

March 14: Daylight Savings Time Begins

March 17: St Patrick's Day— Wear Green

## Educator Updates

- Sophie and her family have welcomed a beautiful baby girl to their family. Congratulations Sophie!
- Robyn has joined our team as a Part Time Educator. Della and Nicole have joined our team as casual educators. Please join us in welcoming our new team members!
- Laurens office has moved to the office located by the Bear and Fox Room. Katherine's office has moved to the MFRC office side.

## Rest Time Policy

The children are active from the time they arrive at the center until they sit down for lunch. Most of the children become tired and need a period of time to rest. Therefore, if a child falls asleep during rest time it usually indicates that the child is physically in need of sleep and the staff will not force the child to stay awake. After all other children are sleeping, any children awake will be provided quiet activities on their cots, or in the quiet center. If ratio allows, the awake children will be taken outdoors or to the gym. Blankets are washed weekly and cots are sanitized after each use.

Our programs rest or quiet time is between 11:00 am to 2:00 pm (depending on the room they are in). **We ask that families do not drop off or pick up their children from 11:00 am-2:00 pm, as this can become very disruptive to the other children in the program.**

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## Reminders:

- ☺ Please make sure you are checking your child's cubby on a regular basis. It is important that you are taking home their soiled or wet clothing, notices from the office and your child's amazing art creations.
  - ☺ Daycare fees are due the first day of the month
  - ☺ Please check the 'Lost and Found' bin, this is emptied on the last day of each month.
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## Nine Minutes:

There are nine minutes during the day that have the greatest impact on a child:

- The first 3 minutes after they wake up
- The first 3 minutes when they come home from school or daycare
- The last 3 minutes of the day before they go to bed

Make those minutes special and help our children feel special, loved, and accepted. Each day children need meaningful eye-to-eye conversations with a parent. It is especially important to slow down and look them in the eye. Listen and respond with love.

Hug your child, straighten their hair, pat them on the back and tell them how proud you are of them every day. A simple touch makes them feel connected to a parent in ways that words never will. Remember, actions speak louder than words!



## Five Questions with Sandi– Educator Spotlight

This month's educator spotlight is on Sandi, an educator in the Chipmunk Room.

### 1. Where did you grow up?

*I grew up in Waskada MB, a small rural village with a population of under 300 people.*

### 2. What did you want to be when you grew up?

*When I grew up I wanted to be a Mom and a nurse.*

### 3. What do you like to do on your days off?

*On my days off I love to spend time with my family; traveling, hiking, camping, snow shoeing, baking, movie nights and much more.*

### 4. What is your favourite colour?

*My favorite color is purple and I absolutely love all the colors found in nature.*

### 5. The best part of my job is:

*The best part of my job is the children I get to spend my days with. Being a part of their early years is a huge honor and watching them as they grow and change is an amazing thing. Each child brings something special and unique to my day. I could not imagine doing anything else.*





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# Honey Bunny News



February was a bittersweet month in the bunny room as we said goodbye to Lilly, and welcomed Sheena to our Bunny team. We are excited to have Sheena in our room and look forward to her many creative ideas and wish Lilly lots of love and hope she has a great time in her journey in the fox room!

The Honey Bunnies spent the month of February exploring their emotions, colors, and gross motor skills. For the month of March we will continue exploring emotions and building connections between our classroom and home. As the weather begins to warm, we will be spending as much time exploring the outdoors as we can, playfully exploring and discovering the beauty of the nature surrounding us. Please make sure you are still sending outdoor gear daily.

A little bit about Baeley: I moved from Lac La Biche to Cold Lake in 2018 with my now 6 year old daughter Athena and dog Patches. We like to spend as much time as we can outside at the parks or going on walks, and in my spare time I enjoy exploring new places to take wildlife and landscape photography! I completed my early learning and child care diploma in 2017 and have just completed the Exploring Early Childhood Curriculum course through Grant MacEwan. I am looking forward to applying my new knowledge to the classroom and discovering with your children the endless possibilities of learning through their play.

## **Reminders:**

If you haven't already sent a family photo we would love to have one to post in our family picture frames to bring a sense of connection between home and daycare to our room.

## **Special Dates:**

- March 12 Happy Birthday Myka
- March 17 St Patrick's Day
- March 23 Happy Birthday Juliet

Thanks!

Baeley, Kassy, Marie, Sheena



# Cheerful Chipmunk News





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# Hungry Hedgehog News



The Hedgehogs have been having a blast playing in the snow outside! Thank you all for ensuring your child has all their winter gear to go outside ☑. Monday, Wednesday & Fridays the Hedgehogs go outside in the afternoon and Tuesdays & Thursdays we go outside in the mornings.

On mornings that we cannot go outside we try and go to the gym or for a walk around the building. The Hedgehogs have so much fun running in the gym!

As you all already know Keisha has moved to become the room lead in the Chipmunk Room, and Alissa has become the room lead for the Hedgehogs! Melissa will be moving into the Hedgehog classroom full time as well! I just personally wanted to thank you all for trusting me with your little ones while I was in the Hedgehog classroom, I am so happy I was able to watch the Hedgehog's grow and development ☑. I will miss each and every one of the families and children.

HiMama is our easiest form of communication so if you have any questions or concerns please send us a message on HiMama and we will get back to you as soon as possible. Also please remember at this time we ask that only the educators and Hedgehog children come into the Hedgehog classroom, thank you!

If your child's birthday is coming up and would like to bring in treats, you are able to as long they are store bought and in the original unopened container.

## Birthdays:

- March 20 - Jacob's Birthday!

## Special Days:

- March 17 - Wear Green Day!

## Reminders:

- Please label all your child's belongings! We really do try our best to keep track of our Hedgehog's belongings, but sometimes we forget too.
- Please send us a message on HiMama when you know your child will be late or absent.

Thank you!

Paige, Alissa, Raquelle & Melissa

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# Friendly Fox News



Hello Fox Families,

## Welcome to the Fox room!

We are so excited to see you and your child in the Fox room. The educators are looking forward to working with you and getting to know your child and helping them enjoy the class!

In order to best serve your child, any information to help guide us would be great! Please feel free to share any likes/dislikes, or information you feel may benefit your child.

## Special Dates

- March 5- Jersey Day
- March 17- Saint Patrick Day/Green Day

## Reminders:

Morning snack :Our morning snack time is 8:00am. If you arrive at the daycare after 8:20am we might not have enough food left. If you are coming later than 8:20am, please make sure your child has eaten breakfast.

Absent/ appointment: If your child is not attending the daycare or you need to drop off/ pick up your child at a different time than usual, please send us a message through HiMama.

Thank you,

Lilly, Lorelee and Robyn



# Busy Bear News



I would like to welcome all of our new families to the busy bear room; we are all excited to have your children in our room. Since coming into our room we have been getting to know all of our new friends that have moved over from the fox room. We had a great week and the children have adapted well to moving over. Just a reminder that if you have any questions or concerns feel free to email us on the hi mama app or talk with us at drop off or pick up.

Every second month we like to do a special day where we have the children share something with the class. Some examples would be our pets, favorite toys, favorite stuffy, etc. This month we shall be doing pets. So if you could send in a picture of them with their pets either in person or you can send it to us on hi mama and we will print them out for you.

## **Special days:**

- Tuesday/Thursday is walk days or gym play
- March 5- Jersey Day
- March 17- Saint Patrick Day/Green Day

## **Reminders:**

- Remember to bring in the weather appropriate clothing as the seasons are changing.
- To let us know when your child won't be here.
- Taking home any paper or art on top of your child's cubby.

We hope you all have a great month!

The Busy Bear Team

Sarah, Megan, Karen and Nucklin.

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