

MFRC Daycare

Welcome Back!

Welcome back to daycare! We hope everyone had a special time with their families over the holiday season. The educators and management team would like to thank the children and families for the cards and gifts, we greatly appreciate it! We are looking forward to the year ahead, and all the learning adventures we will share with your children.

Educator Updates

- Sophie's last day before maternity leave will be January 29. Lilly from the Bunny Room will be moving to become the Room Lead in the Fox Room.
- Loralee has joined the Fox Room Team, and Alissa has joined the Hedgehog Room Team



No Outdoor Shoe Policy

When dropping off and picking up your children, please remove your shoes at the front door. Wearing outdoor shoes indoors is causing muddy and dirty floors, this causes slipping hazards and damages our flooring.

We will be providing boot covers for families to use, but please do not take them home as we have a limited amount. The Canex also sells boot covers for any families interested in purchasing their own. If you have any questions please do not hesitate to ask. Thank you for your support!

Four simple steps to turn everyday moments into fun learning opportunities:

- 1. Provide a warm and loving environment, while setting and maintaining boundaries.
- 2. Understand and respond to your child's needs.
- 3. Talk, sing and read to your child.
- 4. Create a predictable world for your child.

Parent Parking

Please park in the designated Parent Parking spaces when picking up and dropping off your children. When you park in a staff parking space this may make someone late to start there shift, or make it so they are unable to plug in their vehicle during very cold days and long shifts.

January 2021

Special Dates:

January 1– Closed

January 4– Daycare Reopens from holidays

January 15– Hat Day

Jan 25– Opposite Day

Reminders:

- Please take the time to look in your child's cubby each day for treasures they have made and things we may need.
- O All items from home must be labeled with your child's full name.
- Daycare fees are due the first working day of the month
- Please check the 'Lost and Found' bin, this is emptied on the last day of each month.



Masks

The family member completing drop off and pickup must wear a mask at all times while in the MFRC Daycare. A face shield should not be used as a substitute for a face mask as there is no current evidence that shows wearing a face shield alone adequately protect others from the wearer's respiratory droplets.



Any person (director, float staff, etc.) who will enter the space of more than 1 cohort must wear a mask any time they are in the presence of other staff/children and they must wash their hands (or use alcohol- based hand rub) when entering or exiting each room. If a staff member must work with more than one cohort they are expected to wear a nonmedical mask at all times and maintain physical distance as much as possible. Staff in main areas will wear a mask.

Use of non-medical masks by program staff is only encouraged for prolonged close interactions with children and while serving food, drinks, or filling children's water bottles. A close interaction includes but is not limited to:

- Changing a diaper
- Assisting with feeding
- Applying sunscreen
- Assisting with toileting

Alberta Health mask guidance will be followed when masks are worn. Once a non-medical mask has been removed, it should be thrown in a lined trash bin (disposable masks) or placed in a sealed container to be laundered (reusable masks). Children attending the program are not required to wear a non-medical mask while at child care.

Information on how to use a mask can be found at alberta.ca/masks

Five Questions with Karen– Educator Spotlight

This month's educator spotlight is on Karen, who works in the Busy Bear

1. Where did you grow up?

I grew up in Ottawa, Ontario

2. What did you want to be when you grew up?

I wanted to be a preschool or Kindergarten teacher.

3. What do you like to do on your days off?

I love spending time with my family and relaxing.

4. What is your favourite colour?

My favourite colour is Blue.

5. The best part of my job is:

The best part about my job is working with an amazing group of educators and watching the children grow and learn each and every day.





Honey Bunny News



Hello Bunny Families!

Happy New Year! We hope you had a great time relaxing with family and friends during your holiday break.

A few reminders as we enter the New Year:

- <u>Children's item</u>: When you bring items into the daycare, please ensure all items are labelled, (Indoor shoes, outdoor wear, labelled water bottle, Diaper cream etc)
- <u>Wipes:</u> Please bring two packs of wipes at the beginning of each month.
- <u>Family Photo</u>: If you did not send your family photo yet, please send your photo to Lauren at Lauren.Bailie@forces.gc.ca We will print it for you!

Our Goals and Learning stories

In December our Bunny room friends explored boxes. We provided different sized boxes and a variety of materials in it such as bells, rocks, sticks etc. Children had fun shaking each box and comparing weights as well.

We are going to provide more sensory activities during January. Please bring a couple extra sets of clothes, so your child can explore sensory activities as much as they can!

Special Dates

January 1: Happy New Year! (Daycare Closure) January 13 : Happy Birthday Logan! January 15 : National Hat Day (Wear your favourite hat) January 18-22 : Play dough week January 31 : National opposite day

Reminder

If you know your child will be away or late on a specific day, please message us through the Himama app so we can plan accordingly. The main line for the daycare is also 780-594-6006 EXT 238

Thank you,

Lilly, Baeley, Marie, Kassy, and Nucklin





Hello Chipmunk Room Families,

Happy New Year's and welcome back! Wow, how December has flown by. It's hard to believe that January is already here. Although this year's holiday season looked completely different than previous years, we hope you all managed to enjoy the holidays and found special ways to ring in the New Years!

December was a busy month in the Chipmunk room as we had a lot of fun activities planned before the holidays. The children did an amazing job practicing the actions for the holiday concert and were excited to share all their hard work in perfecting the show for you via videotape. Now that 2020 has finally come to an end, it's time to see what 2021 has in store!

Important Dates:

Birthdays:

- January 15th- Hat Day
- January 7th- Tanner's Birthday!
- January 25th- Opposite Day

Reminders:

- Please keep your child home if they appear to have any symptoms, even if it may resemble a common cold. You may refer to the AHS guidelines if you are unsure what these symptoms are.
- Please help us keep children's cubbies clean by removing old artwork and items no longer being used.
- Please make sure your child has labelled winter gear to avoid any mix ups. We try to go outside each and every day, if your child does not have the proper gear, we may ask you to bring it in or require you to pick your child up.
- Please remember that due to the new Covid policies and procedures we are asking parents not to bring in outside food or toys into the center. We are also asking families NOT to enter the classrooms and to wear a mask at all times while in the building.
- If you know your child will be away on specific days, please message staff through the HiMama app so we can plan accordingly for that day. The main line for the daycare is also 780-594-6006 EXT 238

Thanks,

Megan, Becky, Sandi & Monico



Hungry Hedgehog News



Hello Hedgehog Families!

We hope everyone enjoyed their Holidays! Thank you all for ensuring your child has the appropriate gear to go outside and that all their items are labelled! Monday, Wednesday & Fridays the Hedgehogs go outside in the afternoon and Tuesdays & Thursdays we go outside in the mornings.

We have welcomed a new staff into our classroom! Please help us welcome Alissa, she moved over from the Fox Room. Loralee has moved over to be with the Fox Room, we will all miss you Loralee! We have also welcomed two new friends into our classroom! Ruby and Everleigh have moved from the Chipmunk room, we are so excited for new friends in our room!

HiMama is our easiest form of communication so if you have any questions or concerns please send us a message on HiMama and we will get back to you as soon as possible. Also please remember at this time we ask that only the educators and Hedgehog children come into the Hedgehog classroom, thank you! The main line for the daycare is also 780-594-6006 EXT 238

The Hedgehogs have been practicing walking holding the rope around the MFRCS building. The Hedgehogs have been going great so far!

Thank you to all the families who brought in snacks for our Holiday party! We know all the children enjoyed all the treats.

Birthdays:

- •January 23rd Emily's Birthday!
- •January 29th Logan's Birthday!

Special Days:

- •January 15th Hat Day!
- •January 25th Opposite Day!

Reminders:

•Please label all your child's belongings! We really do try our best to keep track of our Hedgehog's belongings, but sometimes we forget too.

•Please send us a message on HiMama when you know your child will be late or absent.

Thank you! Keisha, Paige, Alissa & Raquelle



Busy Bear News



We hope that everyone has had a great time off for the holidays; we are looking forward to being back at work and jumping right back into things. Last month the children were very excited about the holidays some things they have enjoyed were opening parents with their special grown ups.

We did a few days of the holidays, and we also learned about colors and what happens when they mix together. Sometimes with only one other color it makes a new color and sometimes when you put all the colors together it makes brown or purple depending on the colors that were set out. They thought this was pretty neat, especially when they used paint to see what colors they could make

This month we will be sharing a picture of our favorite memory that was had over the holiday or a photo of a special gift that the children received during the holiday. We will begin sharing the photos with our classmates on the 16 and will be showing them as they come in until the end of the month. The children do really enjoy getting to go around and show pictures to their classmates. We really appreciate the time that you take out of your day to send us something that they can show. You can send the photos in through HiMama and we will print them off.

Special Days:

- Tuesdays and Thursdays are our Neighbourhood Walk Days
- Jan 11- 31 please send a photo of your child's favourite holiday memory, or photo of favourite gift
- Jan 15 is Hat day
- Jan 25 opposite day

Birthdays

- Jan 6 Happy Birthday Brantley
- Jan 29 Happy Birthday Charlotte I.

Reminders:

- Please make sure your child has labelled winter gear to avoid any mix ups. We try to go outside each and every day, if your child does not have the proper gear, we may ask you to bring it in or require you to pick your child up.
- If you know your child will be away on specific days, please message staff through the HiMama app so we can plan accordingly for that day. The main line for the daycare is also 780-594-6006 EXT 238
- Please help us keep children's cubbies clean by removing old artwork and items no longer being used.

The Busy Bear Team Sarah, Melissa, Karen and Sheena



Friendly Fox News



2021 will bring changes to our room. January 29th will be Miss Sophie's last day before starting maternity leave. Miss Lilly (from the Honey Bunnies) will be the Friendly Foxes' Room Lead, and Miss Loralee (from the Hedgehogs) will be the other educator in the room. Miss Loralee started working in the Fox room on December 9th. This gave the children time to connect with one of their new educators before Miss Sophie leaves. Miss Lilly will be visiting the room from now until Miss Sophie leaves to learn the routines and get to know the children.



On the First week of December, most of our Foxes participated in a Holiday concert. As parents were not able to gather and watch their children dance, we filmed the performance and sent it to the families. The children showed enthusiasm when we talked about our Holiday concert. They were so good at following the choreography. What a fun way to end the year.

Special days

- January 15th: Hat day (wear your favourite hat
- January 25th: Opposite day (wear your clothes backwards)

Birthdays

• January 17th: Ava and Abigail's 5th birthday (Happy birthday!)

Thank you for a wonderful year Foxes, let's hope 2021 brings you even more joy.

Sophie, Loralee, and Kamryn